

Govt. Degree College Nowshera
Department of Physical Education & Sports

The College has a department of Physical Education and Sports Headed by the Physical Training Instructor of the college, Dr. Akhil Khajuria to promote among the students the qualities of sportsmanship and to tap the nascent talent lying among the students of the area. The students are continuously encouraged to participate in Inter College as well national tournaments/competitions from time to time. Special emphasis is laid on overall development of personality through various practice sessions held in the college before participating in actual event. The college has produced many students who brought laurels by winning various sports competitions. College spares no stone unturned to train the college youth for sports activities through the dedicated team of staff members working for the cause.

College has participated in various Tournaments/Competition:

Students participated in Inter Collegiate/ Inter University 2018-19

S. No.	Game/ Discipline	Tournament	No. of Participants
01	Volleyball (men)	Inter collegiate	12
02	Kabaddi (men)	Inter collegiate	12
03	Athletics (men)	Inter collegiate	05
		total	29

Awards/ Medals

S. No.	Name of the Student	Class	Game/ Discipline	Tournament	Position/Medal
01	Rahul kumar	BA sem 3rd	Athletics 200 m	Inter collegiate	Gold medal
02	Rahul kumar	BA sem 3rd	Athletics 100 m	Inter collegiate	Silver medal

Students participated in Inter Collegiate/ Inter University 2019-20

S. No.	Game/Discipline	Tournament	No. of Participants
01	Cricket (men's)	Inter collegiate	16
02	Badminton (men's)	Inter collegiate	05
03	Volleyball (women's)	Inter collegiate	08
	Total		29

Awards/ Medals

S. No.	Name of the Student	Class	Sports Discipline	Tournament	Position/Medal
01	Sangam Dutta	B. Sc. Sem 3rd	Badminton (Men's)	Inter university	Participation
02	Arun sharma	B. Sc. sem1st	Badminton (Men's)	Inter university	Participation

Students participated in 1st Sports Festival organised by Higher Education Department 2019-2020

S. No.	Game/Discipline	Tournament	No of Participants
01	Cricket (Men's)	District Level	16
02	Volleyball (Men's)	“	12
03	Kabaddi (Men's)	“	12
04	Kho kho (Men's)	“	12
05	Badminton (Men's)	“	07
06	Tug of war (Men's)	“	12
07	Badminton (women's)	“	07
08	Volleyball (women's)	“	12
09	Kho kho (women's)	“	12
10	Tug of war (women's)	“	12
	total		114

Awards/ Medals

S. No.	Game/ Discipline	No. of participants	Tournament	Position/Medal
01	Badminton (Men's)	07	Sports festival	Winner
02	Volleyball (women's)	12	Sports festival	Winner
03	Kho kho (women's)	12	Sports festival	Winner
04	Kho kho (Men's)	12	Sports festival	Runner up
05	Tug of war (women's)	12	Sports festival	Runner up

Students participated in Inter Semester Tournaments 2020-21

S. No.	Game/ Discipline	No. of participants	Tournament	Position/Medal
01	Volleyball (Men's)	12	Inter Semester	Participation
02	Volleyball (women's)	12	Inter Semester	Participation
03	Tug of War (Men's)	12	Inter Semester	Participation
04	Tug of War (women's)	12	Inter Semester	Participation

Photo gallery of Sports Activities





Online Activities of Department of Physical Education & Sports:

- Online Quiz competition on “yoga and sports” was organized on 21st of June 2020.
- National level online quiz competition on “National Sports Day 2020” was organized on 29th Aug. 2020.
- Department of Physical Education and sports organized National level quiz on the topic “Sports for all” on 13th of may 2021.
- Online essay writing competition on the topic” Role of sports amid corona virus pandemic” was organized on 27th of may 2021.
- Department of physical education organizes two days virtual workshop to celebrate international day of yoga 2021 on 20th and 21st June 2021.
- Department of Physical Education in collaboration with Department of Sanskrit organizes a yoga session for faculty and students to celebrate International Day of Yoga 2021, on 21 June 2021.

Dr. Akhil Khajuria
Head of Department
Department of Physical Education & Sports.